

# Kentucky Behavioral Health Planning and Advisory Council

## Meeting Summary

Kentucky Transportation Cabinet, 200 Mero Street, Room 107, Frankfort

August 15, 2019

10:00am to 2:00pm

**Council Members:** Robin Osborne, Jeanette Rheeder, Peggy Roark, Carmilla Ratliff, Maggie Krueger, Gayla Lockhart, Sharon Darnell, Valerie Mudd, Lynn Haney, Steve Lyons, Steve Shannon, Sherry Sexton, Shannon Baker (for Kelly Gunning, NAMI Lexington), Michael Handy (for Tonia Wells, DAIL), Becky Clark, Urika Berry, Ron O'Hair

**Staff:** Michele Blevins, Christie Penn, Phyllis Millspaugh, Lori Ramage, Ron Easterly, David O'Daniel, Hope Beatty, Maranda Perkins, Jane Oliver, Justin Peach

Topic	Discussion	Next Steps
Call Meeting to Order	Gayla Lockhart, Chair, called the meeting to order at 10:09 AM and welcomed members, guests and staff. Attendees introduced themselves. Quorum was confirmed.	Planning Council's website: <a href="http://dbhdid.ky.gov/dbh/kbhpac.aspx">http://dbhdid.ky.gov/dbh/kbhpac.aspx</a>
Approval of March 14, 2019 Meeting Summary	Members reviewed the May 2019 minutes. Valerie Mudd made a motion to approve the minutes as written. Sharon Darnell seconded. <b>Minutes approved.</b>	Approved meeting summaries are available at the Planning Council's webpage.
Committee Reports	<u>Executive Committee</u> Gayla Lockhart, Chair, shared the draft 2020 meeting dates with members.  <u>Membership Committee</u> Gayla Lockhart, Chair, reported that the Council received a membership application from a person seeking to represent Parents/Guardians of Children with Behavioral Health Challenges. Gayla provided a summary of the individual's application. Maggie Krueger made a motion to recommend the individual to Commissioner Wendy Morris for appointment. Peggy Roark seconded. <b>Motion passed.</b>  Gayla reminded members that the Membership Committee will meet January 23, 2020. Membership applications received by January 21, 2020 will be reviewed at the meeting. The membership application is now available as a fillable form online. She asked members to share the application with interested individuals, with a special focus on Parents of Children with Behavioral Health Challenges and Young Adults in Recovery from a Behavioral Health Disorder.	Please notify staff of significant conflicting events.  Staff to submit recommendation to Commissioner Morris for appointment consideration.  Membership application is available at <a href="http://dbhdid.ky.gov/dbh/documents/kbhpac/MemberApp.pdf">http://dbhdid.ky.gov/dbh/documents/kbhpac/MemberApp.pdf</a> .

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	<p><u>Finance and Data Committee</u> Peggy Roark, Chair, reported that the next meeting of the Finance and Data Committee is Wednesday, April 15, 2020.</p> <p><u>Advocacy and Policy Committee</u> No report.</p> <p><u>Bylaws Committee</u> Steve Shannon, Chair, stated that the Bylaws Committee does not have any meetings scheduled next year because the council bylaws were reviewed and approved at the March 14, 2019 meeting. The bylaws are available on the Council's webpage.</p>	<p>Revised bylaws are available at <a href="http://dbhdid.ky.gov/dbh/documents/kbhpac/bylaws.pdf">http://dbhdid.ky.gov/dbh/documents/kbhpac/bylaws.pdf</a>.</p>
Funded Entity Report: Community Mental Health Centers	<p>Steve Shannon, Executive Director of the Kentucky Association of Regional Programs (KARP), provided an overview of KARP and the history of community mental health centers nationally and in Kentucky. Steve shared information about licensure requirements of CMHCs, the number of individuals they employ, and the number of individuals they serve annually. Steve discussed the services CMHCs provide using Substance Prevention and Treatment Block Grant and Mental Health Block Grant funds and provided a handout with a map of the CMHCs and the name, telephone number and mission of each. Steve answered members' questions.</p>	<p>Learn more about KARP at <a href="https://sites.google.com/site/kentuckycmhcs/home">https://sites.google.com/site/kentuckycmhcs/home</a></p>
Department Updates	<p>Michele Blevins provided the following department updates:</p> <ul style="list-style-type: none"> <li>• The System Care Academy, Kentucky School of Alcohol and Other Drug Studies and Mental Health First Aid Training for Trainers were held in June and July 2019.</li> <li>• Upcoming conferences/training events: <ul style="list-style-type: none"> <li>○ The Creating Community Connections Conference is October 29-30 at Crowne Plaza Hotel in Louisville. The cost is \$150/day. The target audience is Targeted Case Managers, Community Support Associates, Peer Support Specialists and their Supervisors. Scholarships will be available for KBHPAC members. Michele asked members to contact her if interested.</li> <li>○ The 12th Annual Kentucky Prevention Network Conference is September 24-25 in Louisville.</li> <li>○ Adult Mental Health First Aid training of trainers, in Frankfort, October 8-10, 2019 and Youth Mental Health First Aid training of trainers in Frankfort, in September.</li> </ul> </li> </ul>	

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	Phyllis Millspaugh, Assistant Director of the Division of Behavioral Health, discussed the new telehealth laws that took effect July 1 <sup>st</sup> .	You may learn more about Kentucky's telehealth laws at <a href="https://chfs.ky.gov/agencies/ohda/pages/telehealth.aspx">https://chfs.ky.gov/agencies/ohda/pages/telehealth.aspx</a> .
2020-2021 Combined Behavioral Health Assessment and Plan Review	<p>Michele Blevins, Assistant Director of the Division of Behavioral Health, provided an overview of Kentucky's 2020-2021 Combined Behavioral Health Assessment and Plan. Members were sent a draft of the plan with the meeting notice. Michele provided copies of the updated draft report to interested members. Michele shared information about the purpose of the Substance Abuse Prevention and Treatment Block Grant and the Community Mental Health Services Block Grant, reviewed SAMHSA's priorities and Kentucky's FFY 2020 allocations. Michele discussed Kentucky's eight State Performance Indicators.</p> <p>Time was provided for members to provide feedback and recommendations for the draft report. One member voiced concern that people are being left out of the behavioral health system of care and asked how we can change the culture of the system (e.g., integrated treatment for mental illness and substance use disorders) to ensure everyone has access to services. The department appreciates the feedback; a discussion was held about ways to accomplish that.</p>	Block Grant Plans and Reports are available at <a href="http://dbhdid.ky.gov/dbh/kbhpac-bg.aspx">http://dbhdid.ky.gov/dbh/kbhpac-bg.aspx</a> .
Member Updates	<p>Members shared updates and information about important upcoming events in round robin format.</p> <ul style="list-style-type: none"> <li>• Dr. Heffron shared that DJJ has a new commissioner, Denver Butler.</li> <li>• Sharon Darnell shared that her local CMHC, Comprehend, is building a new building and they are providing some office space for NAMI Buffalo Trace.</li> <li>• Ron O'Hair shared that the 2019 Kentucky Supported Employment Conference is October 23-25 in Lexington and the Kentucky Rehabilitation Association Conference is August 27 in Hebron. Ron also shared that the Office of Vocational Rehabilitation and the Office of the Blind have merged.</li> <li>• Ron Easterly shared that the National Cocaine, Meth &amp; Stimulant Summit is November 8-10 in Miami, Florida.</li> <li>• Urika Berry shared that in her work with Kentucky Protection &amp; Advocacy she is visiting with clients at personal care homes.</li> <li>• Robin Osborne shared that she is setting up trauma-informed trainings with her local CMHC.</li> <li>• Mike Handy shared that the Kentucky Guardianship Annual Conference is October 24 and that the 2019 National Conference</li> </ul>	

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	<p>on Guardianship Conference will be in Lexington this year, October 12-15.</p> <ul style="list-style-type: none"> <li>• Jeanette Rheeder shared that the Kentucky Housing Corporation is opening the Housing Choice Voucher Program waiting list for 87 counties for one week. She provided an information sheet about how to get on the waiting list.</li> <li>• Valerie Mudd stated she has NAMI Lexington updates from Kelly Gunning, who was unable to be here today. She shared that the Participation Station will celebrate its 10<sup>th</sup> anniversary on December 7<sup>th</sup>. NAMI Lexington has hired Shannon Baker as its new Communications and Development Coordinator. NAMI Lexington will host its annual NAMIWalks on October 12<sup>th</sup> at Whitaker Bank Ball Park. This year's walk is an accessible walk and has a virtual walk option.</li> <li>• Carmilla Ratliff shared that Kentucky Partnership for Families and Children will host the following upcoming events: <ul style="list-style-type: none"> <li>○ Kentucky Family Leadership Academy September 26-27, 2019 at their office in Frankfort.</li> <li>○ Kentucky Family and Youth Peer Support Specialist Core Competency Training November 4-8, 2019 at their office in Frankfort.</li> </ul> </li> <li>• Gayla Lockhart shared that she attended the Kentucky School for Alcohol and Other Drug Studies conference and it was amazing and that she appreciated the opportunity to attend so that she can help her community.</li> </ul>	
Adjournment of Meeting	Carmilla Ratliff made a motion to adjourn. Sherry Sexton seconded. Meeting adjourned.	<u>Next Meeting:</u> Thursday, November 14 <sup>th</sup> 10:00 a.m. – 2:00 p.m. Kentucky Transportation Cabinet, 200 Mero Street, Frankfort